EMPLOYMENT









UNDECLARED WORK MEANS LOSING YOUR RIGHTS. YOU MIGHT HAVE TO FACE MANY ISSUES, YOU WHEN YOU'RE NO LONGER NEEDED.
IN ADDITION, YOU WON'T BE ABLE
TO PROVE THAT YOU WORK AND
RENEW THE RESIDENCE PERMIT!



JOBS ARE OUT
THERE BUT REQUIRES
YOU TO ACQUIRE
THE RIGHT SKILLS

FOREIGNERS STEAL OUR JOBS

RESIDENCE PERMIT

OBTAIN THE RESIDENCE PERMIT AS YOU WILL NEED IT TO WORK. ALWAYS CHECK THE EXPIRY DATE!

THEY OFTEN TAKE UP JOBS
THAT LOCAL PEOPLE NO LONGER
WANT TO DO. WE ALSO DON'T
SEE ANY PROBLEMS WHEN
THEY WORK IN KEY SECTORS
(AGRICULTURE, ELDERLY CARE)





SKILLS

ASSESS WORKERS' REAL SKILLS AND KNOW-HOW WITHOUT TYPECASTING PEOPLE IN TRACKS THAT ARE PRE-DETERMINED (THIS ALSO APPLIES TO RECEPTION CENTRES)



DIVERSITY

MANAGEMENT INVEST IN DIVERSITY MANAGEMENT POLICIES FOSTERING A HEALTHIER, MORE EFFICIENT WORK ENVIRONMENT



WORKING TIME

TEACH HOW TO FOLLOW WORKING TIME (E.G. BEING AT WORK ON TIME) BEARING IN MIND THAT ISSUES ARE RELATED TO CULTURAL FACTORS AND NOT TO PEOPLE'S PERSONALITY



ATTEND LANGUAGE

AND OTHER TYPES OF TRAININGS



ORIENTATION

TRY TO DISCOVER YOUR TERRITORY AND LEARN HOW TO NAVIGATE CITIES



QUALIFICATIONS AND ATTITUDES

RECOGNISE YOUR QUALIFICATIONS, SKILLS AND ASPIRATION AS WELL AS THE VALUE THAT YOU CONTRIBUTE AS A WORKER

BUREAUCRACY

DON'T BE SCARED BY

BUREAUCRACY – IT CAN BE TIME CONSUMING AND HARD EVEN FOR ITALIANS!



LEGALLY COMPLIANT ADDRESS

HAVING A REGISTERED ADDRESS IS IMPORTANT TO OBTAIN THE RIGHT DOCUMENTS FOR JOBS



SEEKING HELP

GET SOME HELP IN THE RECEPTION CENTRE TO LOOK FOR A JOB AND WRITE YOUR CV



COMPLY WITH YOUR WORK-RELATED DUTIES: PAY YOUR TAXES AND THE SOCIAL SECURITY CONTRIBUTIONS, ALWAYS WORK IN A SAFE WAY (IT IS BOTH YOUR RIGHT AND DUTY!), FOLLOW THE TIME AND RULES OF THE WORKPLACE



UNDECLARED WORK

DON'T ACCEPT UNDECLARED WORK
OR WORK WITH NO CONTRACT.
REGULAR WORK GIVES YOU MORE
RIGHTS. GET FAMILIAR WITH THE
DIFFERENT TYPES OF CONTRACT
AND SPOT EXPLOITATIVE
SITUATIONS (E.G. TOO MANY HOURS
PER DAY, NO BREAK, WAGES THAT ARE TOO LOW OR PAID IN CASH)



SAFETY PAY ATTENTION TO WORK SAFETY, IT IS BOTH A RIGHT AND A DUTY



SUPPORTING WORKERS

SUPPORT WORKERS ENTIRELY, E.G. IN NAVIGATING THEIR TERRITORY, WITHOUT ACTING ON THEIR BEHALF IN THE RELATIONS WITH INSTITUTIONS



SEEKING

SEEK THE SUPPORT OF CULTURAL MEDIATORS IF NEEDED



LAWS AND RIGHTS

GET INFORMATION ON EMPLOYMENT LAWS AND RIGHTS, ALSO WITH
THE HELP OF TRADE UNIONS.
FOR INSTANCE, DO YOU KNOW THAT
YOU HAVE THE RIGHT TO PAID LEAVE
IF YOU ARE SICK AND HAVE
A MEDICAL CERTIFICATE?



SHORTCUTS

"EASY JOBS" MAY LOOK LIKE A QUICK ANSWER BUT OFTEN LEAD TO FUTURE ISSUES







I DON'T HAVE TO LEARN NO **ORDER TO WORK**



COMMUNICATING WITH YOUR EMPLOYER AND COLLEAGUES IS IMPORTANT. IF YOU CAN'T SPEAK THE LANGUAGE IT WILL BE HARD TO UPHOLD YOUR RIGHTS

WORKERS









HOUSING



HOUSING IS NOT JUST ABOUT HAVING A ROOF OVER YOUR HEAD KEEPING YOU WARM OR COOL. HOUSING IS ALSO "HOME", FILLED WITH **HUMAN WARMTH** AND **AFFECTIONS**. FEELING AT HOME MEANS FEELING PROTECTED. THE **RIGHT TO HOUSING IS A FUNDAMENTAL ONE.**





COMMUNITY RULES



FOREIGNERS
DON'T FOLLOW
APARTEMENT
MUNITY RULES

THEY ARE OFTEN
NOT AWARE OF THEIR
EXISTENCE AND
THEREFORE FOLLOW
THEIR OWN CUSTOMS



ITALIANS ARE RACISTS AND NO **OUT PROPERTIES**



IN SOME CASES THOSE WHO LOOK FOR AN ACCOMMODATION DON'T MEET THE REQUIREMENTS

COOK DISHES NO **TOO STRONG**



THEY COOK DISHES FROM THEIR TRADITIONAL CUISINE THAT SMELL AS STRONG AS OURS



LEASE (RENT)

YOU NEED TO SIGN A LEASE. READ IT THROUGH AND, IF NECESSARY, ASK SOMEONE WELL INFORMED WHOM YOU TRUST TO REVIEW IT BEFORE SIGNING. DON'T PAY RENT IN CASH!



APARTMENT COMMUNITY (CONDO) RULES

EVERY CONDO HAS A SET OF RULES TO GOVERN COMMUNITY LIFE. ALL RESIDENTS MUST FOLLOW THESE RULES EVEN IF THEY DIFFER FROM THEIR OWN CUSTOMS







DOUBLE-CHECK IF THERE ARE KEY AND SPECIFIC REQUIREMENTS, LEAVING ASIDE PRECONCEPTIONS
AND MYTHS





REGISTERING YOUR PERMANENT ADDRESS (RESIDENZA) IS VERY IMPORTANT. WITHOUT ONE YOU COULD FACE SOME ISSUES IN THE FUTURE!





CONTRACTS ALWAYS OFFER REGULAR, REGISTERED CONTRACT TO BE SAFEGUARDED



TENANTS UNIONS

IF YOU HAVE ISSUES WITH
THE RENT THERE ARE UNIONS
AND OTHER INSTITUTIONS
HELPING TENANTS. LOOK
THEM UP ONLINE AND ASK
FOR INFORMATION FROM
THE MUNICIPALITY
WHERE YOU!! IVE



PERMANENT (RESIDENZA) AND TEMPORARY ADDRESS (DOMICILIO)

A PERMANENT ADDRESS IS
DIFFERENT FROM A TEMPORARY
ONE. MAKE SURE YOUR
PERMANENT ADDRESS IS IN THE
SAME MUNICIPALITY WHERE YOU
LIVE (IT IS KEY FOR THE ASYLUM
APPLICATION!)



SPECIFIC ASPECTS AND RULES OF COMMUNAL LIFE IN ITALY DO NOT EXIST IN SOME WORLD REGIONS (E.G. WASTE SORTING, CONDO EXPENDITURES AND RULES, ETC.)



READ OR LISTEN

READ OR LISTEN CAREFULLY THE INFORMATION
PROVIDED AND ASK
FOR CLARIFICATIONS IF
SOMETHING IS NOT CLEAR



IF YOU HAVE ISSUES, SOME
MUNICIPALITIES ALLOW TO USE
SOME INSTITUTION OF CITY
ADDRESSES AS YOUR ADDRESS.
GET INFORMED ON THIS
IN YOUR MUNICIPALITY
OR IN CARITAS CENTRES



KEY INFORMATION PROVIDE TENANTS WITH

THE KEY INFORMATION THEY NEED IN AN EXHAUSTIVE AND COMPREHENSIBLE WAY



TRASH

THERE ARE SPECIFIC RULES
FOR WASTE SORTING THAT
CAN CHANGE ACCORDING
TO THE MUNICIPALITY AND
CONDO. ASK FOR MORE
INFORMATION TO THE
CONDO ADMINISTRATOR



CONDO FEES

IN ADDITION TO YOUR RENT, IN SOME CASES YOU MIGHT HAVE TO PAY CONDO FEES AND AN ANNUAL BALANCE. GET SOME INFORMATION THROUGH ORGANISATIONS AND TENANTS UNIONS IN YOUR AREA



TENANTS PEOPLE RENTING APARTMENTS



PROVIDING SHELTER

BEAR IN MIND THAT PROVIDING HOUSING MEANS SO MUCH MORE "JUST A ROOF"



CONDO

ADMINISTRATORS

YOU CAN ASK ANY QUESTION AND SHARE ANY DOUBT/ISSUE TO THE ADMINISTRATOR OF YOUR CONDO









HEALTH



IN ITALY **EVERYONE** IS ENTITLED TO THE RIGHT TO HEALTH. PRIMARY CARE IS ENSURED TO ALL LEGAL STATUSES BECAUSE THE LAW PUTS PEOPLE AT THE CORE.



THE NATIONAL HEALTHCARE SYSTEM PROVIDES HEALTHCARE COVERAGE THROUGH GENERAL PRACTITIONERS AND A NETWORK OF FACILITIES AND **PROFESSIONALS**



IN ORDER FOR THE SYSTEM TO **FUNCTION, ESPECIALLY WHEN LEAVING THE RECEPTION SYSTEM** SOME ASPECTS SHOULD BE TAKEN INTO ACCOUNT.

THE DOCTORS' **QUESTIONS HAVE** NOTHING TO DO WITH MY HEALTH **PROBLEM**



DOCTORS ASK QUESTIONS TO COLLECT PRECISE INFORMATION ON YOUR SITUATION AND BE ABLE TO HELP YOU



MIGRANTS CARRY DISEASES TO OUR NO DISTANCES, VIRUSES DON'T SURVIVE THROUGH THE MIGRATORY JOURNEY

AS AN UNDOCUMENTED NO MIGRANT I CAN'T GO TO THE HOSPITAL



FOREIGN CITIZENS WITHOUT A
RESIDENCE PERMIT HAVE THE
RIGHT TO ACCESS URGENT MEDICAL
TREATMENTS IN HOSPITALS AND
CLINICS AND CANNOT BE REPORTED
TO THE AUTHORITIES



TIME TO LISTEN

GIVE PEOPLE THE TIME TO TELL
THEIR STORY AND WHAT THEY
HAVE BEEN THROUGH, ESPECIALLY
IN CASES OF ALLEGED OR
DOCUMENTED PSYCHOLOGICAL
AND PHYSICAL VIOLENCE



RIGHT TO TREATMENT

FOREIGNERS HAVE THE SAME RIGHT TO HEALTHCARE AS OTHER CITIZENS, REGARDLESS OF THEIR LEGAL STATUS

DIALOGUE

BE OPEN TO DIALOGUE WITH

BE OPEN TO DIALOGUE WITH
OTHERS ON PERCEPTION OF
BODY AND HEALTH IN DIFFERENT
CULTURAL SETTINGS. DON'T
UNDERESTIMATE THAT THE
CULTURAL BACKGROUND
STRONGLY SHAPES PEOPLE'S
APPROACH TO HEALTH



INCLUSIVE CLINICS

SET UP INCLUSIVE CLINICS THROUGH CULTURAL MEDIATORS AND MEDICAL/NON-MEDICAL STAFF OF BOTH SEXES



HEALTH INSURANCE CARD

YOU MUST REGISTER TO THE
NATIONAL HEALTHCARE SYSTEM:
YOU HAVE THE RIGHT TO
A HEALTH INSURANCE CARD
AND A GENERAL PRACTITIONER.
GO TO YOUR LOCAL HEALTH
UNIT (ASL/ASST/ATS)
IN YOUR CITY TO START
THIS PROCESS



TRUST

TELL THE DOCTORS WHAT YOU HAVE GONE THROUGH AND HOW YOU FEEL. THIS IS IMPORTANT TO HELP THEM ASSIST YOU IN THE BEST WAY



TIME OF BUREAUCRACY

ACCEPT THE TIME REQUIRED, WHICH CAN BE VERY LONG FOR EVERYONE. SOME DOCTORS PROVIDE PRIVATE CONSULTANCY AGAINST LOWER RATES OR FREE OF CHARGE (E.G. AT "CONSULTORI").

GET MORE INFORMATION ON YOUR CITY/NEIGHBOURHOOD.
GO TO DOCTORS WORKING IN FACILITIES AND NOT TO THOSE WORKING FROM HOME



ASK QUESTIONS

YOU MAY ASK ALL THE QUESTIONS YOU HAVE TO BETTER UNDERSTAND YOUR SITUATION. YOU MAY ALSO ASK FOR AN INTERPRETER OR A CULTURAL MEDIATOR IN PUBLIC HOSPITALS



PREVENTION

PREVENTION IS IMPORTANT.
IF YOU ARE EXPERIENCING
PAIN TALK TO YOUR DOCTOR
AND ALWAYS UNDERGO
CHECK-UPS (SOME ARE
FREE OF CHARGE, GET MORE
INFORMATION ON YOUR
REGION WEBSITE)



ILLNESS AND WORK

IF YOU ARE SICK AND CANNOT GO TO WORK, GET IN TOUCH WITH YOUR GENERAL PRACTITIONER AND ASK FOR A CERTIFICATE. YOU HAVE THE RIGHT TO PAID SICK LEAVE!



CHANGING GENERAL PRACTITIONER

IF YOU ARE NOT SATISFIED WITH YOUR GENERAL PRACTITIONER YOU CAN ASK FOR A NEW ONE BY GOING TO YOUR LOCAL HEALTH UNIT (ASL/ASST/ATS) OR ON THEIR WEBSITE. YOU HAVE THE RIGHT TO DO SO













INTEGRATION



INTEGRATION IS A TWO-WAY PROCESS THAT INVOLVES, OR SHOULD INVOLVE, BOTH MIGRANTS AND HOST SOCIETIES.



IDEALLY SOCIETY SHOULD ALLOW EVERYONE TO ENJOY THEIR RIGHT, COMPLY WITH THEIR **DUTIES**, HAVE THEIR **SKILLS** VALUED AND **PARTICIPATE** AT ANY STAGES OF LIFE.











NTS COMPLAIN
WHEN WE FEED
NO
BUT SIMPLY DIFFERENT
CULINARY HABITS



BECOMING AN ACTIVE ACTOR OF INTEGRATION

AS MEMBER OF THE HOST SOCIETY

AS MIGRANTS

BY WANTING TO LEARN (ESPECIALLY LEARNING THE LANGUAGE) AND TAKING THE INITIATIVE



I AM EGYPTIAN, MOROCCAN, SYRIAN (NATIONALITIES ARE NOT THE SAME AND PEOPLE SHOULDN'T GENERALIZE)





DIVERSITY

DON'T DENY DIVERSITY. WE ARE NOT ALL THE SAME, BUT THIS IS A GOOD THING THAT ENRICHES – NOT LIMITS – US



BUILD BRIDGES

ACT TO BUILD WELCOMING SOCIETIES THROUGH MUTUAL TRUST. TELL YOUR STORY TO LET PEOPLE KNOW YOU AND LISTEN TO THE OTHERS TO UNDERSTAND AND ACT ACCORDINGLY



LEARN HOW TO THINK AND ACT AS "US"



THE RECEPTION SYSTEM DOES EXIST AND IS AIMED AT THOSE WHO NEED IT



EQUITY

DIVERSITY EXISTS AND
WE NEED TO KEEP IN MIND
EVERYONE'S SPECIFICITIES
THROUGH THE LENS OF EQUITY,
NOT EQUALITY



AVOIDING

ENSURE PROTECTION OF DISADVANTAGED PEOPLE BY VALUING AND MENTORING THEM INSTEAD OF ACTING ON THEIR BEHALF







STATISTICS SHOW A DIFFERENT PICTURE. WE ARE HOSTING PEOPLE IN NEED



EXPECTATIONS

TRY TO UNDERSTAND WHAT SOCIETY CAN OFFER AND VALUE WHAT YOU CAN DO



INFORMATION

PROVIDE ACCURATE,
ADEQUATE INFORMATION.
ASK QUESTIONS AND
LEARN THE LANGUAGE TO BE ABLE TO DO
SO. TRY TO GET TO KNOW EACH OTHER TO
BEST FACILITATE CLEAR AND RESPECTFUL
EXCHANGE OF INFORMATION





THEY DO NEED MOBILE
PHONES AS THEY ARE
FUNDAMENTAL TO
COMMUNICATE WITH THEIR
FAMILY AND LET THEM KNOW













